



Six Central Principles

of Sharing Nature

1

Be Receptive.

Be aware of your natural surroundings at all times. Ask yourself, "In this place, what kinds of inspiring experiences does Nature have to offer?" Create opportunities for people to experience Nature in uplifting ways.

6

Do things not only for Nature but with Nature.

Share the true spirit of Nature with others; that is what will really change them. Spend time every day deepening your own experience and relationship with Nature.

2

Teach less, share and experience more.

Let Nature be the teacher as much as possible.

5

Uplift people's consciousness.

It is only by uplifting people's consciousness that you truly change their way of relating to the world around them. Therefore, concentrate more on deepening people's awareness and love for nature.

3

A sense of joy should permeate the experience.

There are two kinds of joy-the exuberance of play and laughter and the deeper joy that comes from feeling serene and expansive. Every Sharing Nature experience should include at least moments of deep joy.

4

Make your idealism practical.

Use nature activities and Flow Learning to capture people's full attention and interest, then sensitively guide and inspire them to more profound experiences of nature.