

EXPLORER'S GUIDE *for* YOUNG CHILDREN

Journey to the Heart of Nature

A Sharing Nature Activity by Joseph Cornell

After finding your special spot, take a moment to look around. Then pick a comfortable place where you can sit and think about your site. Answer the questions below and then do the following activities.

WHAT ARE some of the first things you notice about your site?

HOW DO YOU FEEL being here? (Use words or short phrases.)

PICK A NAME that describes and fits this special place. (You can always change it later if you think of something better.)

THINK ABOUT YOUR AREA. Which part is most special to you? It might be a great view, one tree or a group of trees, a flower or plant that you've never seen before, an animal or their home. In the space below, describe your site in detail. Later, you will share this description with a friend.

ACTIVITIES:

🍃 **FIND THE BEST NATURE VIEW** or favorite natural object; draw a picture of it on page 2.

🍃 **COLORS:** How many different shades of one color can you see?

- My color was:

- The number of different shades of my color I saw:

🍃 **SMELLS:** Close your eyes and focus your attention on your sense of smell. Find two different smells and describe them. See if you can figure out where they come from.

1.

2.

🍃 **FIND SOMETHING** that makes you smile. Describe what it was:

🍃 **CHOOSE ONE WORD OR PHRASE** that describes how you feel right now:

SKETCH YOUR BEST VIEW

